

Secret Ingredient Fruit Salad

From the kitchen @ HammersNHugs.com



Ingredients:

3oz all-natural instant vanilla pudding

29oz can peaches

20oz can pineapple chunks

1 qt strawberries, quartered

1 pint blueberries

½ bunch grapes

4 kiwis, sliced

2 bananas, sliced

Directions:

Mix the pudding with the peach and pineapple juice. Whisk well. Add the rest of the fruit and mix gently, coating the fruit with the pudding mixture. Refrigerate for 1 hr. Serves approx 15.

To Freeze:

This mixture can be frozen in large or individual portions in freezer safe containers and thawed overnight in the fridge. Omit the bananas and add after thawing to avoid browning.