

Weekly Meal Plan

Ahna Fulmer // HammersNHugs.com

Grocery List



Mon

Ham & Cauliflower Stir Fry



Tue

Z's Spicy Baked Chicken & Veggies



Wed

Creamy Tuna Flatbread



Thu

Banana Cinnamon Baked
Oatmeal & Bacon



Fri

Slow Cooker Chili

