

Weekly Meal Plan

Ahna Fulmer // HammersNHugs.com

Grocery List



Mon

Egg Roll in a Bowl



Tue

Sheet Pan Honeyed Salmon & Carrots



Wed

Slow Cooker Tomato Beef Steak & Sweet Potato Fries



Thu

Granola Acai Bowls & Bacon



Fri

Easy Vegetable Beef Stew

