

Weekly Meal Plan

Ahna Fulmer // HammersNHugs.com

Grocery List



Monday

Sheet Pan Fajita Salmon & Green Beans



Tuesday

Skillet Sausage & Peppers



Wednesday

Slow Cooker Chicken Marinara & Veggies



Thursday

Creamy Ham & Cheese Bake



Friday

Cheddar Chicken & Broccoli Quinoa Casserole

