

Weekly Meal Plan

Ahna Fulmer // HammersNHugs.com

Grocery List



Monday

Balsamic Chicken Caprese Salad



Tuesday

Cauliflower Tater Tot Casserole



Wednesday

Slow Cooker Egg Casserole



Thursday

Shrimp Fried Quinoa



Friday

Beef Zucchini Au Gratin

