

Weekly Meal Plan

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Grocery List



Monday

Sheet Pan Candied Pork & Carrots



Tuesday

Beef Zucchini Au Gratin



Wednesday

Slow Cooker Sweet & Sour
Meatballs & Roasted Brussel
Sprouts



Thursday

Blueberry Cinnamon Baked
Oatmeal & Bacon



Friday

Broccoli Chicken & Cheddar
Quinoa Casserole

