

imPERFECTly emPOWERed Podcast Guest



schedule your interview here!



AHNA FULMER

www.ahnafulmer.com

ABOUT THE PODCAST

Rated in the top 2.5% of health & wellness podcasts worldwide, the *imPERFECTly emPOWERed podcast* inspires with authentic stories and equips with expert advice to revitalize emotional, mental, physical, social, and spiritual health - one imperfect day at a time. Because your story matters and YOU ARE LOVED.

ABOUT THE HOST

Ahna is a virtual health & fitness coach, dual-certified nurse practitioner, and coffee addict passionate about equipping women with practical, scientifically proven strategies to redevelop their total health.

Empowering a life of God-given purpose with more confidence, energy, freedom, and joy - one imperfect day at a time.

ABOUT THE INTERVIEW

60 min video on Zoom. Pt 1 - Your story of mistakes made and lessons learned that empowered where you are today. Pt 2 - Your expertise, practical takeaways, product/service promotion (links also to be included on the interview blog post).

WHAT DO I NEED?

- Strong internet signal in a quiet room
- Desk lamp, ring light, or full sunlight in front of your face for the video interview
- High-quality headphones and an external mic

WHAT WILL I GET?

- Promotion to Ahna's total audience (approx 3 million/month)
- (1) full-length YouTube video
- (2) vertical short-form videos
- (1) square customized promo graphic
- (1) full copy show notes and transcript

let's do this!

WHAT HAPPENS NEXT?

1. Schedule your 60 min video interview [[HERE](#)].
2. Complete the guest prep form [[HERE](#)] prior to the interview.

